

ABSTRACT OF THE DISCLOSURE

5 An exercise device includes a frame, typically, an arching member
extending between generally parallel lower members having wheels operably
coupled thereto. A harness extends from the frame, and the height of the
harness is selectively adjustable by a user within the harness. A controller
accessible to a user activates a motor and raises and lowers a cable to adjust
the height of the harness, and thus the weight load on the user's feet while
operating the device. A handlebar extends to one or more of the wheels for
10 selectively steering the device. A brake system accessible to the user enables
stopping of the device. The device may include a motor operably coupled to a
wheel for propelling the device, and a throttle control for selecting the speed of
the motor. Thus, the user of the device can selectively alter the impact weight
and speed while operating the device.